

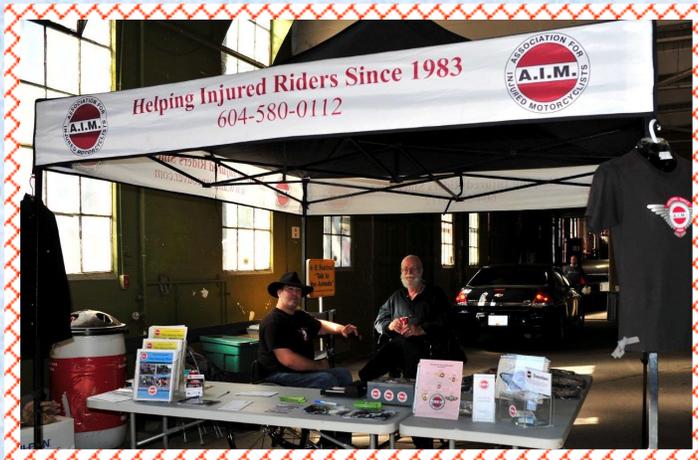


“A Hand for the Downed Rider”

The Helping Rider

A.I.M VANCOUVER

113—Spring 2013



“HELPING INJURED RIDERS SINCE 1983”

Serving over 250,000 on-and-off road motorcyclists throughout the province, A.I.M. is a benevolent, non-profit society registered under the provincial Societies Act and holding a Federal Charitable Tax Number. A.I.M. is committed to assisting injured motorcyclists by providing legal assistance, knowledge of rights, assistance with emotional support as well as regular hospital visits and helping with aspects of recovery not covered by other agencies. It is operated solely by volunteers and relies on memberships and donations for funding.

www.aimvancouver.com



The Helping Rider

#113~ Spring~ 2013

Vancouver A.I.M.

#37 - 13320 116th Ave,
Surrey, B. C. V3R 0R8

Tel: 604-580-0112
Fax: 604-580-0114

www.aimvancouver.com
info@aimvancouver.com

The Helping Rider is published by
The Association For Injured Motorcyclists
Vancouver Chapter

Free to all interested readers.
Advertisements are welcome.
Articles and letters to the editor are also welcome.

Disclaimer

We welcome your input, articles printed in the
newsletter do not necessarily reflect the opinions
of the Association For Injured Motorcyclists

CHAPTERS

Vancouver Island, BC

Please forward all correspondence to
Vancouver address above
604-580-0112

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1/8 of page (B card)	40	150
1/4 page	80	300
1/2 page	160	600

3S Printers Inc.

7500 Lowland Dr, Bby, BC V5J 5A4

604-436-4880

I would like to say a BIG Thanks to 3S Printers. Because of their Prompt, Fast, Friendly, and Quality service that we have been able to run past our deadlines, getting in the last minute articles and posters and still be able to send the newsletter to all you folks on time.

PLEASE Ride SAFELY!!!



This is our Entertainment Director Karen Weinstein.



*Prayers
And
Healing
Energy
Are
Coming
Your
Way*

We are asking for all of your prayers to help get this wonderful lady better.

The whole gang is thinking of you and your family always Karen!

Stop - arm extended straight down, palm facing back



Slow Down - arm extended straight out, palm facing down



Speed Up - arm extended straight out, palm facing up



You Lead/Come - arm extended upward 45 degrees, palm forward pointing with index finger, swing in arc from back to front



Follow Me - arm extended straight up from shoulder, palm forward



Single File - arm and index finger extended straight up



Double File - arm with index and middle finger extended straight up



Hazard in Roadway - on the right, point with right foot; on the left, point with left hand



Highbeam - tap on top of helmet with open palm down



Pull Off - arm positioned as for right turn, forearm swung toward shoulder



Turn Signal On - open and close hand with fingers and thumb extended



Fuel - arm out to side pointing to tank with finger extended



Refreshment Stop - fingers closed, thumb to mouth



Comfort Stop - forearm extended, fist clenched with short up and down motion



BODY SHOPS CAN'T REPAIR BODIES. DRIVE AWARE.



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LANGLEY CHAPTER OF H.O.G. PRESENTS OUR
6TH ANNUAL SUMMER SIZZLE

RIDE FOR TYPE 1 DIABETES
In Support of JDRF - The Global Leader In Type 1 Diabetes Research

POKER RUN
JUNE 21 & 22 2013

OPEN INVITATION - THIS EVENT IS OPEN TO ALL MAKES OF MOTORCYCLES

Calling all motorcycle enthusiasts! The Langley Chapter of H.O.G. invites you to come ride with us through the scenic roads of Langley and the Fraser Valley. After the Poker Run, enjoy a first class dinner and all the dancing you can handle.

FRIDAY JUNE 21
4:00pm - 8:00pm Registration / Check-In & First Card Draw
Barnes Harley-Davidson, Langley
6:00pm - 8:00pm Welcome Party Dinner
Barnes Harley-Davidson, Langley

SATURDAY JUNE 22
8:00am - 8:30am Day of Registration / Check-In & First Card Draw
Barnes Harley-Davidson, Langley
8:30am - 10:00am Breakfast at J.D. Farms
10:00 - 10:30am 100 Miles Langley
10:30am - 12:00pm Reception, Dinner & Dance
Dance to the Sound of South Point
Practice for Street Bike, 100 Miles, George Hwy
White Rock - www.pacificc.com

For full information or to download a registration package, please visit: barneshd.com or langleyhog.org

Presented by **JDRF** IMPROVING LIVES. CURING TYPE 1 DIABETES.

Presented by **HARLEY-DAVIDSON** and **H.O.G.**

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Safety First

I recently reviewed our Newsletters (*The Helping Rider*) and noticed a lot of articles about safety. In fact, we are quite anal about it and over half the articles were related in one way or another to riding safely. And for good reason. It can keep us on the road in good health.

Four things come to mind generally which can keep us safe.

- keep the bike mechanically safe, especially the tires.
- wear proper protective clothing: ATGATT (all the gear all the time).
- awareness of riding environment, traffic patterns, road conditions, weather, etc.
- attitude: riding defensively, "look out for trouble" on the road, etc.

With regard to AGTATT, I knew a rider once who went down while wearing running shoes. His ankle was virtually destroyed with the scraping on the pavement and he ended up with a fused ankle. Had he been wearing proper leather motorcycle boots, he likely would have got off with a sprain.

We will continue to emphasize safety in our Newsletter in hopes that this will help reduce the carnage out on the roads. As we are fond of saying: We would rather meet you on the road than in the hospital. Ride safe.



Visitation Report - March, 2013

Spring has sprung and many bikes are back out on the road again. We have actually been kept quite busy visiting five downed riders so far this year. 30 Visitations so far and six riders helped. Currently we are down to visiting one rider on a weekly basis. However, the season is upon us and, unfortunately, we will likely get busy once again.

We have completed the Second Edition of the *Helping Rider's Recovery Journal*. We have also completed development of a *Training Manual: Visitation Guidelines - A Toolkit for the Visitation Volunteer*. We will be providing a Training Course for all who want to do Visitations. We will also be providing the same training to the other Chapters. This is just in time for the start of the new season. Visitation Volunteers taking the course

will be certified. We hope to make the course interesting and fun.

That's all for now, folks. Remember: Careful Out There.

Gary Richardson, Visitation Director



Be



ALWAYS CARE.
ALWAYS WEAR A HELMET.

PASSENGERS ARE AS MUCH AT RISK AS DRIVERS







April 14, 2013 - 7th Annual GVMC Spring Fun Road Ride - 9:30 am @ GVMC Clubhouse, #307 - 9785 - 192nd Street, Surrey B.C. April 18, 2013 -

Aim Monthly Meeting - Every third Thursday @ 7:00 pm at the ABC Restaurant, 101 - 15373 Fraser Highway, Surrey, BC. 604-580-0112; www.aimvancouver.com/

April 19, 2013 - Epic Ride and Concert - 5pm @ Trev Deeley's Motorcycles, 1875 Boundary Road, Vancouver, BC. call Kyoko @ 604-291-2453.

April 20, 2013 - AMCA's Vintage Motorcycle Swap Meet & Bike Show - Skagit County Fairgrounds, Mt. Vernon, Washington. Washington Vintage Motorcycle Swapmeet & Show n' Shine - all Marques welcome. Free entry for vintage motorcycles. Mark Cattarin at 360-223-3190 for information.

April 21, 2013 - St. George's Day British Motoring Show - 10-4 @ Fort Langley Community Hall, Glover Road, Fort Langley BC.

April 21, 2013 - Team Squid Trials - Canadian Pacific Trials Association - IOCO. Mailing address: P.O. Box 31008, #8-2929 Johns St., Port Moody, BC Canada, V3H 4T4. <http://www.trialsclub.org/>

April 25, 2013 to May 13, 2013 - H-D Baggers & Hawgs Den Ride to South Padre Island, Texas - For details and itinerary see: <http://hawgsden.com/> or phone: 604-349-7798.

April 28, 2013 - 28th ANNUAL CLASSIC & VINTAGE M/C SWAP MEET - South Delta Recreation Centre, 1720, 56th Street, TSAWWASSEN, BC. Opens @ 10:00 am. Swap Meet, Show n' Shine. Admission: \$10.00 (includes HST) per person, children under 12 free. Info Line:(604)299-0020 or email info@classicbikesswapmeet.com

May 4, 2013 to May 5, 2013 - Duffey Lake Loop Ride - Sponsored by Harley-Davidson Baggers & Hawgs Den. Everyone welcome! <http://www.http://hawgsden.com> or email kkkcarter@yahoo.ca or phone 604-349-7798 in case cancelled due to weather.

May 5, 2013 - 4th Annual Hells Gate Candy Run - 7am meet time @ Barnes Harley Davidson, 8859-201 St., Langley, BC. .

May 5, 2013 - Rider Down Memorial Service - 11am @ Imperial St & Nelson Ave in Burnaby, BC. Access to motorcycle parking only off Nelson. This is a destination, NOT a parade. Hosted by BC Coalition of Motorcyclists & Canadian Army Vetrans (3rd C.A.V.). Moro Padre Gord Demchuck will perform the service. 604-580-0111.

May 5, 2013 - The Cat Scratch Fever Hare Scramble - 11am @ cat lake/ Brohm Ridge, Squamish, BC. <http://www.dirtbiker.ca/racing/race/cat-scratch-fever-hare-scramble>

May 11, 2013 - 1st Annual Back Alley Customs Motor Cycle Show n Shine - 9am - 8pm @ Back Alley Customs, 2152 Lauder Ave., Merritt, BC. Show & Shine, Poker Run, - Jeff @ 250-280-0634

May 12, 2013 - 21st Annual GVMC Ride For Kids - 9am @ GVMC Clubhouse, #307 - 9785 - 192nd Street, Surrey B.C. rbenderski@shaw.ca or <http://www.gvmc.ca/>

May 16, 2013 - AIM Monthly Meeting - Every third Thursday @ 7:00 pm at the ABC Restaurant, 101 - 15373 Fraser Highway, Surrey, BC. 604-580-0112; info@aimvancouver.com; <http://www.aimvancouver.com/>

May 19, 2013 - The Gas Gas Grind Hare Scramble - 11am @ Boyds pit, Sooke, BC. <http://www.dirtbiker.ca/racing/race/gas-gas-grind-hare-scramble>

May 24, 2013 to May 25, 2013 - 44th Annual Coastal Car Swap Meet - Tradex in Abbotsford. Bill Trant: 604-540-6141 May 25, 2013 - 6th Annual Ride and Rock - Tickets available early March. For more info: 250-862-2424.

May 25, 2013 to May 26, 2013 - CMDRA 2013 National Series DRAGRACING Schedule - Ashcroft, BC. Season Kickstart. <http://www.cmdra.com/2013-national-series-schedule>

May 26, 2013 - 4th Annual Westcoast Motorcycle RIDE TO LIVE Ride - Prostate Ride to Live Ride. Info: WESTCOAST Motorcycle Ride to Live, #4

- 17918 55th Avenue, Surrey, BC V3S 6C8 Canada. Phone 604-574-5100; Email: info@ridetolive.ca; Website: <http://www.ridetolive.ca/>

May 26, 2013 - Trial - Canadian Pacific Trials Association - IOCO. Mailing address: P.O. Box 31008, #8-2929 Johns St., Port Moody, BC Canada, V3H 4T4. <http://www.trialsclub.org/>

June 2013

June 1, 2013 - 4th Annual Motorcycle Awareness Ride - 11am. "A Ride For Our Own". The ride will start at Trev Deeley's, Info: <http://www.hawgsden.com/>

June 2, 2013 - Freedom Biker Church Motorcycle Swap Meet & Show 'n Shine - Noon to 5pm @ Kennedy Community Hall, 8870-120th Street/ Scott Road, Surrey, BC. Everyone welcome! Info @: 604-209-1949; or <http://freedombcsurrey.com/>

June 2, 2013 - Overlander Cross Country - WLORMA - Quesnel. Info @ <http://www.wlorma.ca/ovxc.html>

June 6, 2013 - Recreational Resource Fair - 3-5:30 pm @ GF Strong Gymnasium, 4255 Laurel Street, Vancouver. Hosted by Recreation Therapy @ GF Strong. Community organizations will be here with displays, demos, and information to share. Info: Shannon @ 604-737-6468 or Mark @ 604-714-4156.

June 9, 2013 - 65th Annual GVMC Piston Run Hare Scrambles - 8am @ Chipmunk Creek/Foley Lake Area. wklammer@dccnet.com, June 9, 2013 - The Piston Run Hare Scramble - 11am @ Chipmunk Creek, Chilliwack Lake Rd, Chilliwack BC. <http://www.dirtbiker.ca/racing/race/piston-run-hare-scramble>

June 15, 2013 - 11th Annual Shadow Club Dice Run - 10:30 - 12:30. \$20 entry fee. Shadow Club House, King George & Bentley Rd. Everyone welcome, Rain or Shine. 604-813-7564 or shadowdicerun@hotmail.com or shadowclubbc@live.ca

June 15, 2013 to June 16, 2013 - CMDRA 2013 Grand National DRAGRACING Schedule - Grand Bend, Ontario. Harleys By The Beach. <http://www.cmdra.com/2013-national-series-schedule>

June 16, 2013 - Father's Day Family Fun Ride - Nicola Valley DRA - Info @: <http://www.facebook.com/pages/Nicola-Valley-Dirt-Riders-Association/140477449393738>

June 16, 2013 - Trial - Canadian Pacific Trials Association - Squamish. Mailing address: P.O. Box 31008, #8-2929 Johns St., Port Moody, BC Canada, V3H 4T4. <http://www.trialsclub.org/>

June 20, 2013 - Aim Monthly Meeting - Every third Thursday @ 7:00 pm at the ABC Restaurant, 101 - 15373 Fraser Highway, Surrey, BC. 604-580-0112; info@aimvancouver.com; <http://www.aimvancouver.com/>

June 21, 2013 to June 22, 2013 - HOG 6th Annual Summer Sizzle Ride (Langley Chapter) - Ride for Type 1 Juvenile Diabetes - open to all MotorCycles. For further details please go to <http://www.langleyhog.org/summer-sizzle-2013/>

June 22, 2013 to June 23, 2013 - CMDRA 2013 Grand National DRAGRACING Schedule - Napierville, QC. Rendezvous Nationals. <http://www.cmdra.com/2013-national-series-schedule>

June 23, 2013 - Marq's Mystery Tour - Pacific Coast Cruisers - Info @: <http://www.pccmc.ca/marq-s-mystery-tour>

June 23, 2013 - The Toasted Hare Scramble - 9:30 @ Hannegan Speedway, Hannegan Rd, Bellingham WA. <http://www.dirtbiker.ca/racing/race/toasted-hare-scramble-0>

June 30, 2013 - The Monkey Wrench Cross Country - 8:15 @ Monkey Wrench, Luluwissin Rd., Lytton, BC. July 5, 2013 to July 6, 2013 - Hollister Rally - Hollister California. 561-214-1137

July 5, 2013 to July 6, 2013 - The Hollister Rally <http://www.thehollisterrally.com/>

July 7, 2013 - 8th Annual Sasquatch Inn's M/C Show n' Shine - Sasquatch Inn, 46001 Lougheed Hwy, Harrison Mills, BC. Live Music, Vendors, T-shirts, Beer Garden & so much more. Info: 604-796-2730

Arm Amputees

Arm amputees, even more than leg amputees, are faced with the choice of modifying either the motorcycle or their prosthesis. Changing the motorcycle involves rerouting the standard brake, throttle or clutch controls so they can be operated with one hand. Customized prosthetic modifications allow the rider to engage the brake or clutch with a specialized terminal device designed specifically for the motorcycle. Bike kits and prosthetic solutions are available on the Internet (see Related Resources). Additional recommendations for arm amputees include a front steering dampener and using Velcro® on the glove of the prosthetic hand to assist with controlling the bike and keeping the prosthetic hand on the bars.

http://www.amputee-coalition.org/inmotion/may_jun_06/motorcycle.html



Rider Down Memorial Service

"May is Motorcycle Awareness Month"
"Look twice, save a life"

Rider Down Memorial Service
May 5, 2013
11 AM
Bonsor Cenotaph
Corner of Imperial St. and Nelson Ave.
in Burnaby, B.C. access to motorcycle parking only off Nelson Ave.

This is a destination ride NOT a parade
3rd C.A.V. Marco Padre Gord Demchuck will perform the service
For more information call 604-580-0111

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BRITISH COLUMBIA
COALITION OF
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INFO HOTLINE 604 299 0020

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4TH ANNUAL MOTORCYCLE AWARENESS RIDE
Ride Leaves Trev Deeleys 11am & BAR B Q @
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event details www.hawgsden.com & face book events

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Sunday
June 23rd
2013



**BONES HEAL.
BRAINS DON'T!!**



Safety gear inspection before riding season

by Rider Newsletter Staff

It's Time to Ride...once you check a few things out, that is.

Spring has sprung. The clocks are set forward. Hope and love are in the air... well, let's not go too far. While it may be true, in some places, that the groundhog appears to have been



kidding around, spring is, in fact, here; and riding season is upon us. Now the question is (or questions are): are you ready, and is your bike ready? It's time to take stock, and we'll be doing just that in the next few installments.

Are You Ready?

If you're like most of us, it probably doesn't take much for you to be ready to ride. Assuming your body and mind held up over the winter, the real subject here is your gear. This is a great time to take a quick inventory and see if you have clothing or, more importantly, safety gear that needs to be replaced.

First up: your helmet. When should you replace your helmet? Most sources we've checked say every two to four years if your helmet has not been in a crash or otherwise damaged. Materials degrade over time and technology continues to improve, so an old helmet is simply not as good as a new one. Since the 70s, helmet manufacturers have been mandated to stamp the month and date of manufacture in a permanent location. Check yours. You may be surprised to learn how old that helmet is.

If you've crashed and your helmet has done its job – protecting your brain – it should be replaced. Even a minor incident can damage the helmet enough to significantly reduce its ability to protect you. Likewise, a serious drop or other event may affect the protective surface enough to warrant replacement. Your local service facility, retail store, or the manufacturer can inspect the damage and provide their expert advice. The bottom line here is pretty obvious – when in doubt, toss it out. Some of us have only a few good brain cells left as it is, so it's not worth putting them at risk to save a few bucks. We'll be talking about selecting a new helmet in a future entry, so stay tuned.

As for the rest of your gear, the same basic premise applies. If it is damaged enough to reduce its ability to protect you, let it go. For example, old, cracked, dried out leather not only looks bad, it doesn't do its real job (reducing road rash) as well. The same goes for your gloves, boots other protective clothing. Stick with quality and the latest technology for maximum safety.

A couple of quick but important thoughts

We'll talk about getting your bike ready to ride next time, but there are a couple of subjects we feel compelled to mention here. Tires and brakes. You hear it over and over, but it simply cannot be stressed too much. Before you ride, check your tires and your brakes. Use the old penny trick to check tread wear. Put a penny upside down between the treads. If they don't reach Lincoln's head (or even go a bit beyond it), replace the tire now. And don't forget to make sure your tires are properly inflated.

Finally, you simply must inspect and test your brakes. It's a real hassle if your bike won't go. It can be deadly if it won't stop. Inspecting all brake components and conducting a simple drive-way test could save your life. If you have any doubts about your ability to service your brakes, take the bike to a pro.

Once you have everything you need to hit the road, turn your attention to your bike. We'll do that next time and provide some simple tips and reminders about getting your machine ready to roar into spring.

In the meantime, keep calm and ride on!

<http://theridernewsletter.org/safety-gear-inspection-before-riding-season/>

Safety Tip: Riding while raining

by Rider Newsletter Staff



In our last entry, we discussed the importance of staying dry, seeing the world around you and being seen when it's dark and stormy. This time, we'll provide a series of suggestions and hints to ease those nerves when drops fall from above.

Good timing

In addition to what you wear, when you ride is an important safety factor. The most dangerous time to ride in a rainstorm is immediately after the rain starts. When the road surface is dry, oil and other lubricants can drip from vehicles and build up. When the rain begins, the water can pick up that slippery stuff and make the road into an oil slick. If you have time, try to sit out the first 15-30 minutes of a storm and let all that junk wash off the road. This is particularly true if it hasn't rained in a while.

Pick your spot

Where you ride is also critical to safety in the rain. In traffic, you should ride in the tracks left by the car in front of you – at a safe distance of course. Generally, there's more of the oil and fluids residue in the center of the lane. Also, the car's tires will briefly sweep water and other crud aside, leaving a safer surface for you. Finally, riding off center provides you with an additional escape route, should the car in front stop unexpectedly.

Continued on Page 9

*Air in your hair is nice,
air in your brains isn't
Wear your helmet!*

*The only good view of a thunderstorm is in
your rear view mirror.*

Well-trained reflexes are quicker than luck.

*Learn to do counterintuitive things that may
someday save your butt.*



The Motorcycle Rider's "Wave" Legislated

Possible proposed legislation imposing restrictions of our right to choose whether or not to wave at approaching motorcyclists. The legislation speaks for itself.

Section 273(a)(i): A motorcycle rider is required to wave at an oncoming motorcyclist.

Section 273(a)(ii): A motorcycle rider is required to return the wave of an oncoming motorcyclist.

273(a)(iii): It is an offence to not return the wave of an oncoming motorcyclist regardless of the type of motorcycle the other motorcyclist is riding.

273(a)(iv): Failure to return a wave to an oncoming motorcyclist is punishable by a fine of up to a maximum of \$ 500 or 30 days in jail.

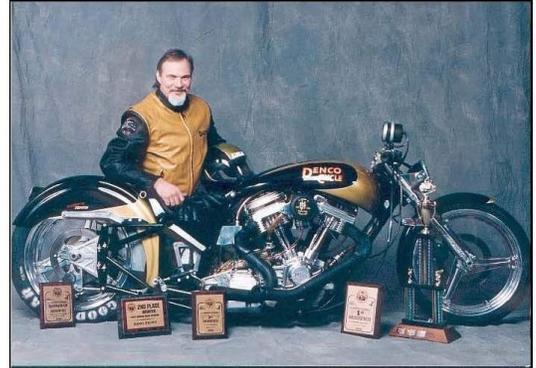
273(a)(v): Failure of a Harley-Davidson motorcyclist to return the wave of a scooter rider will automatically be punishable by the maximum fine of \$ 500 and 30 days in jail.

True or False????

By Gary Richardson

MotorcycleLawyer.ca

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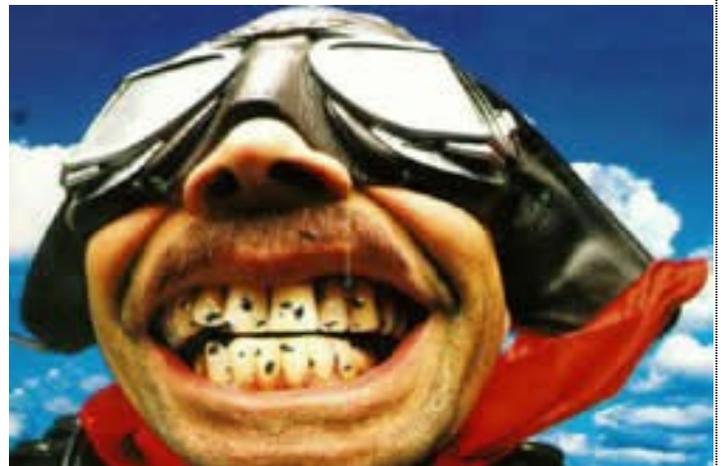
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A Happy Rider!

Continued from page 7

As long as you're paying attention to where you're riding, there are a number of hazards present on just about every road. Anything shiny can become extremely slippery in the rain. This includes lines and other road markings. Railroad tracks are another potential slippery spot. If you must cross tracks in the rain, try to hit them at a 90 degree angle and don't attempt to do anything else while crossing them, such as stopping, accelerating or turning.

One thing at a time

This brings up an important difference between riding on a nice day and in the rain. On a nice day, you're likely to slow down heading into a curve, and then accelerate as you complete the turn. In the rain, actions like this can put you in the mud. The idea is to only do one thing at a time. In an article on OpenRoad-Journey.com, the author gives examples like downshifting while beginning a turn and shifting your weight while doing almost anything else.

Perhaps the most important advice for safely riding in the rain is to be smooth. This means riding more slowly, doing one thing at a time and making your actions deliberate and calm. Hard-edged, snappy moves can be fun when it's nice out, but deadly in the rain. Being smooth also means riding more slowly. You'll make everything easier and safer by doing things more slowly.

Know when to quit

Finally, when the weather gets really bad, including heavy lightning, high winds or hail, it's time to get off the road. Find a safe place to settle in a wait for the storm to pass. You may arrive a little late, but at least you WILL arrive.

Motorcycle Safety Laws

On June 1, 2012, amendments to the Motor Vehicle Act and supporting regulations will be brought into force. These changes to the law are as follows:

All motorcyclists and motorcycle passengers in British Columbia must wear a motorcycle safety helmet that meets designated safety standards.

All motorcyclists and passengers may be required to produce their helmets on demand to a peace officer.

The operator of a motorcycle must be seated astride the driver's seat.

Passengers must be seated behind the operator, astride the passenger's seat with feet on foot pegs or floorboards, or be properly seated in a side car.

The motorcycle operator is responsible for ensuring any passengers younger than 16 are properly helmeted and seated.

Protecting Your Head – Helmet Requirements

Motorcycle helmets can reduce the likelihood of a crash fatality and are also found to be very effective in preventing brain injuries.

In British Columbia, motorcycle drivers and passengers are required to wear a motorcycle safety helmet that meets one of the following safety standards (and the helmet needs to display the proper certification label):

DOT: conformance with the Federal Motor Vehicle Safety Standard No. 218; Motorcycle helmets (United States of America),

also known as FMVSS 218 (49CFR571.218).

Snell M2005 or Snell M2010: certification in accordance with the Snell Memorial Foundation 2005 or 2010 Standard for Protective Headgear for Use with Motorcycles and Other Motorized Vehicles.

ECE: approved in accordance with the United Nations Economic Commission for Europe (ECE) Regulation No. 22.

The safety helmet needs to display the proper certification label. Standards for helmet safety are set by a series of tests performed on these critical elements:

Impact management – how well the helmet protects against collisions with large objects.

Helmet position stability – whether the helmet will stay in place during an impact.

Straps – whether the chin straps and hardware are strong enough to hold the helmet on during impact.

Extent of protection – the area of the head protected by the helmet.

A motorcycle helmet that meets these standards contains a rigid head covering that consists of a strong, stiff outer shell and a crushable liner. The stiff outer shell must protect the head by distributing the impact throughout the surface of the helmet, and the crushable liner must protect the head by absorbing the energy of the impact.

Compliance with other standards – such as Canada Standards Association (CSA), British Standards Institute (BSI) or the American National Standards Institute (ANSI) – while not prohibited, does not mean your helmet is legal. British Columbia has not adopted these standards because they are not available to the public free of charge. The Province is committed to ensuring the standards required by law not only represent the cutting edge of safety industry technical knowledge, but are also available to all British Columbians at no cost.

Full-face helmets and visors are not required and riders are free to choose any helmet colour they prefer. However, eye protection and brightly-coloured helmets are strongly recommended to help prevent collisions, injuries and fatalities. Uncertified, novelty beanies do not meet the requirements.

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News By Cycle Canada

February 27, 2013 *Police in Arbroath, Scotland caught a 70-year-old man riding at 222km/h (138mph) in a 100km/h (60mph) zone. He was pursued by police and didn't pull over.*

Peter Farquhar admitted in court to dangerous driving and refusing to stop for police. Farquhar, a retired painter, had a clean driving record for 54 years. He will be sentenced at the end of March and his license has been suspended in the meantime.



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The Honda crotch rocket rider was travelling at approximately 85 mph. The VW driver was talking on a Mobile Phone when she Pulled out from a side street, apparently not seeing the Motorcycle. The riders reaction time was not sufficient Enough to avoid this accident.

The car had two passengers and the bike rider was found INSIDE the car with them.

The Volkswagen actually flipped over from the force of impact and landed 20 feet from where the collision took place.

All three involved (two in the car and the bike rider) were killed instantly. This graphic demonstration was placed at The Motorcycle Fair by the Police and Road Safety Department. Pass this post to car drivers or soon to be new drivers, or new motorcycle owners.....AND ESPECIALLY EVERYONE YOU KNOW WHO HAS A MOBILE PHONE!!!!!

A picture is worth a thousand words. Save a life...



Stop talking on Mobile Phones and Texting while trying to drive.

The life you save may be your own..... Or mine...

Keep passing this on so everyone will see what can happen by using a MOBILE PHONE while driving.



**Be Aware Always!
These people are
out there.**

**Sorry Don't
Cut It!**

